## Impact of disability on the family

Michael's journey

# A New Child



## Michaels disability

- How did it happen
- What was its manifestation
- Clinical description
- Range of medical supports
- Frequency of medical support



#### A new Child

- Disabled person = disabled family
- Disabled person = special family
- First exposure Shock!
  - Looking for answers
  - Why did it happen
  - What does it all mean
  - What will we do
  - Am I able to cope

### The System Reacts

#### Reason

Cause unclear, prognosis uncertain, expectations low, viability uncertain

#### Poor information

What is cause – what can be done

#### Two issues

- Need for info about Person/ child's disability and support
- Family /carer need for information to manage

#### Advice is needed!

- Clinical instant nurse skills
- Support and help effective if focus on the real need and not on training staff
- Relevant and helpful sometimes for worn out carer
- Formal coping and training courses are needed instantaneously

#### Advice – cont.

- Care structures- "the team"
  - not always relevant
  - hindrance if not experienced
- Need to support the mother as well
  - main carer

## Family

- Family becomes disabled (dysfunctional) to some degree
- Life is centred around the person with the disability
- Limited function and flexibility due to focus
- Priorities become the 'needy one'

# Michaels Family



## Families need to find their own coping pattern

- Coping
  - Each is unique
  - Different problems/different solutions
- Needs to be a linked services coordination
  - Clinical
  - Educational
  - Support
  - Respite
  - Equipment
  - Financial
  - Progressing stages

## Family 'bends' to the disability

- Life patterns adapt
- Sudden explosions of need
  - Seizures
  - Operations
- Slow burn of issues build up
- Wide range of clinical touch points and settings
  - No case conferencing support

# Family discovers a beautiful and loving relationship with the disabled child

- Love and dependency bonds build
- Some consequences
  - Some need of other children not met due to time and energy

# Early Days





## Operations- procedures

- Tube feeding
  - Not able to swallow
  - Tube feeding for several years/nasogastric
- Peg feeding
  - Slow and tedious
  - Getting the right balance

### Complex Care

- Medications
  - Poly pharmacy
- Baclofen pump
  - Impact
- Major operations
  - Hips
  - Pain and dystonia distortion
  - Tendons stretching
  - Titanium rods harrington rods
    - Length of operation (9 hours)



## The Journey

- Issues
  - Reason for operation
  - Length of time to plan
- Major operations
  - Length of recovery
  - Level of success
- Alternative treatments
  - hyperbaric
    - No belief
    - Mothers tale
    - Benefits experienced
  - Botox



## Significance of a disabled child

- Total dependence builds a unique bond
- Disabled equals love; draws love and can only give love
- Not always sustainable and has collateral impacts across normal family life
- In Michaels case a beautiful love was expressed through his total dependence
  - His eyes were always alert and he was able to communicate with them.
  - His groans to communicate





#### **Farewell**

Michael passed away in his sleep due to aspiration event on 26 April 2007



#### Reflection-

- How has the experience for families changed
- Birth
- Therapies difference now
- Equipment
- Financial
- Outcome different respite