

My Story PANDDA Award 2024

My Story PANDDA Award is presented to a person/s (or family member/s) with lived experience in intellectual developmental disability who is actively involved in a conference presentation of relevance to the nursing/healthcare and support of people with intellectual developmental disability. This award recognises the valuable contribution that self-advocates make in improving nursing care. PANDDA, in harmony with the motto from the United Nations International Day of People with Disabilities, supports "Nothing about us without us". The United Nations believes that people with disabilities should be actively involved in the planning and strategies of policies that affect their lives.

This award is jointly presented by Dr Virginia Howie, her daughter, Tessa Howie, and PANDDA Inc. Tessa was born with mild intellectual disability, which was the starting point for Virginia's thesis on registered nurses caring for people with intellectual disability. Virginia is passionate about the education of nurses in intellectual disability care. Tessa is passionate about people with disabilities being treated the same as everybody else. PANDDA is passionate about the inclusion and support of people with lived experience expressing their voice.

My Story PANDDA Award is presented at the annual PANDDA conference to an eligible presenter(s) whose presentation is deemed:

- the person(s)' lived experience.
- most relevant to the audience.
- in line with the conference theme.
- that presenter and content are engaging to the audience.
- overall, a clear contribution to the improvement of nursing care and support.

The award decision is made by the conference committee and is final.

Eligibility Criteria

To be eligible for the award, a conference presenter(s), or one member of the presenting team must be:

- a person or family member/carer with lived experience of intellectual developmental disability (with precedence being given to the person with lived experience over family member or carer).
- actively involved in a conference presentation (as an individual or in a group).

Note: Presentations can be pre-recorded, livestreamed (when available), or any other presentation-style suitable for a conference presentation. The presentation can also be co-presented with a person without intellectual disability.

Title of Presentation

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Name/s of Presenter/s

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